



ST THOMAS HIGH SCHOOL



November 2009

Monday 2 nd	Tuesday 3 rd	Wednesday 4 th	Thursday 5 th	Friday 6 th
BEEF TACOS LETTUCE/TOM. REFRIED BEANS FRUIT SALAD	CHICKEN PARMESAN ANGEL HAIR PASTA BROCCOLI N CHEESE FRESH FRUIT	SLOPPY JOES PICKLE SLICES OVEN FRIES FRESH FRUIT	ASIAN STIR FRY STEAMED RICE EGGROLL FRUIT SALAD	GRAB N GO FRIDAY HOUSEMADE PIZZA
Monday 9 th	Tuesday 10 th	Wednesday 11 th	Thursday 12 th	Friday 13 th
BEEF STEW CORNBREAD FRESH FRUIT	CHILI CHEESE DOGS FRENCH FRIES RELISH FRESH FRUIT	BAKED ZITI ITALIAN SALAD GARLIC BREAD FRUIT SALAD	GENERAL TSO CHICKEN FRIED RICE EGGROLL FRESH FRUIT	GRAB N GO FRIDAY HOUSEMADE PIZZA
Monday 16 th	Tuesday 17 th	Wednesday 18 th	Thursday 19 th	Friday 20 th
CHILI MAC LETTUCE/TOMATO TEXAS TOAST FRUIT SALAD	BAKED CHICKEN MAC N CHEESE BEANS FRESH FRUIT	LASAGNA GREEN BEANS GARLIC TOAST FRESH FRUIT	CHICKEN FRIED RICE SUGAR SNAP PEAS EGGROLL FRESH FRUIT	GRAB N GO FRIDAY HOUSEMADE PIZZA
Monday 23 rd	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th
SUPER NACHOS SOUR CREAM LETTUCE/TOM. FRESH FRUIT	Thanksgiving Dinner 	NO SCHOOL	HAPPY THANKSGIVING	NO SCHOOL
Monday 30 th				
MANAGERS CHOICE	SOUP MENU: BROCCOLI CHEESE CREAM OF CHICKEN			

ALACARTE MENU

CRISPY CHICKEN SALAD
NACHOS

CHICKEN TENDERS
EGGROLL w/ SAUCE

HAMBURGERS/CHEESEBURGERS
FRENCH FRIES/CURLY FRIES



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