

Choices Parent Chats

Each month the Choices Program hosts a “Choices Chat” for parents. Each chat will include a presentation on the science behind high-risk behavior, how they can interfere with adolescent brain development, as well as specific information relating to the topic of the month. This is a forum for education, discussion, and specific questions parents may have.

Choices Parent Chat Dates

September 8, 2016 (Thursday): **Marijuana Use/Synthetic Marijuana Use**

October 6, 2016 (Thursday): **Relational Aggression (Bullying)/Cyberbullying**

November 3, 2016 (Thursday): **Dating Violence/Date Rape**

December 6, 2016 (Tuesday): **Depression/Suicide/Stress/Healthy Coping Skills**

January 5, 2017 (Thursday): **Video Game/Internet/Technology Addiction**

February 2, 2017 (Thursday): **Pornography**

March TBD: **Alcohol Use/Binge Drinking**

April TBD: **Heavy Drug Use/ Prescription Drugs**

May TBD: **Driving Under the Influence**

June TBD: **How to Prevent High-Risk Behavior during Summer**

*Each date will have presentations at 7:45 a.m. and 2:30 p.m. in Sterling-Turner Hall. Please check-in with I.D. at the front desk.