Is pornography viewing more dangerous today than in the past? YES! Adolescents no longer need to rely on imagination. The availability of high-speed internet (HSI) can artificially stimulate (like drugs) the brain with massive amounts of dopamine...all controlled by the user and clicks of a mouse. Before HSI, this wasn’t possible. The brain can become “de-sensitized,” leading to unsatisfactory “real-life” relationships.

▪ A recent Japanese survey reported 36% of 16-19 year-olds had no interest in sex. None.
▪ 25% of newly diagnosed cases of erectile dysfunction are young men.


Can pornography become addictive? Yes, viewing pornography acts on the same part of the brain as drugs and alcohol. Excessive viewing can “re-wire” the brain to REQUIRE higher-and-higher levels of stimulation, leading to addiction.

▪ Viewing pornography excessively can arrest the development of the adolescent brain.
▪ Adolescents with higher degrees of social interaction and bonding are NOT as likely to watch pornography.
▪ Viewing decreases, as self-confidence increases.
▪ Adolescents may develop: unrealistic attitudes about sexuality, distorted views of relationships, decreased belief that sex is affectionate and relational.
▪ For many teens pornography is used as a PRIMARY source of sex education.

Discussion Questions:

Students:

▪ What are your values and feelings about pornography?
▪ You find yourself feeling curious. What do you do?
▪ A friend confides in you that he/she is viewing pornography daily. What do you do?
▪ What are healthy boundaries around pornography?
▪ A classmate is looking at pornographic material and keeps trying to get you to look at it. How would you feel? What would you do?
▪ Do you think pornographic videos represent real life?

Faculty, Staff, and Parents:

▪ How do you monitor your child’s internet use?
▪ What are your family’s values around pornography? Family code?
▪ What are your expectations about your child’s use? Are expectations and consequences crystal clear to your child?
▪ You notice on your home computer that pornographic websites have been visited. What do you do?